

# SPRINGFIELD ASC - COLONOSCOPY PREP FREQUENTLY ASKED QUESTIONS (FAQ)

[Springfieldasc.com](http://Springfieldasc.com)

Your procedure date is \_\_\_\_\_ AT \_\_\_\_\_ ARRIVE \_\_\_\_\_  
**At Springfield ASC located at 1528 Bethlehem Pike (next to the Flourtown Firehouse)**

It is important to drink plenty of water and other CLEAR LIQUIDS throughout the day in order to avoid dehydration and to flush the bowel. You may drink clear liquids up to three (3) hours before your procedure time.

Feeling of bloating, chills and/or nausea are common after the first few glasses, due to the large volume of fluid ingested. Walking and other activities usually decrease nausea. This is temporary and will improve once bowel movements begin. Most people have a bowel movement within an hour or two of starting the laxative. Sometimes, there may be a delay of four hours. You just need to be patient and stay **close to a bathroom**. Multiple bowel movements **will** occur and may continue for several hours after you have finished drinking the solution. Your stools should become clear of solid material.

If you develop vomiting, severe discomfort or bloating, stop taking the prep for a while until the discomfort goes away. If vomiting persists, stop the preparation and call our office 215-402-0800 or the physician on call for further instructions.

Baby wipes or flushable moist tolettes may help with irritation after the numerous bowel movements. You may also use petroleum jelly to help with the soreness and redness before your procedure.

Women may have procedure performed during their monthly cycle.

You **must** have a driver to assist you home. You may not drive or operate machinery until the next day after your procedure. You may not use any mode of transportation unless accompanied by a responsible adult.

**We cannot perform the colonoscopy without having a valid referral from your insurance company prior to the procedure;**

**AETNA** - If referral from your office visit is dated within 90 days of procedure and has 4 visits for procedure coded 99499 for Hillmont GI provider # 0536918 **OR** if no office visit you must have 2 referrals 1<sup>st</sup> for Hillmont GI with 4 visits code 99499, 2<sup>nd</sup> referral for Springfield ASC provider #970740 and procedure code 99499.

**KEYSTONE** – Two (2) separate referrals are needed 1<sup>st</sup> referral to Hillmont GI provider # 0845231000 procedure code 99499, 2<sup>nd</sup> referral to Springfield ASC provider #0001394000, procedure code 99499.

**BRAVO**- Needs referral for Hillmont GI with 4 visits provider # 1952355984

You will be at Springfield ASC approximately 1 1/2 – 2 hours.

Please bring your Allergy and Medication Lists with you on the day of the procedure.

Please bring your insurance card and photo ID the day of the procedure.

For questions about symptoms, medications or to reschedule your appointment, call 215-402-0800 between 9:00AM and 5:00PM (if you reschedule, ask if you will need new prep instructions).

*Revised October 16, 2012*